

'Welcome and Inclusion'

- a practical day exploring our welcome in church and inclusion of people living with mental ill-health



"The subject of mental illness tends to bring out a complex humanity in people; in others it hits a deep vein of fear and prejudice. Far more people than I had realised conceptualize mental illness as a spiritual flaw or shortcoming in character."

Kay Redfield Jamison - 'An Unquiet Mind'

The day will offer an opportunity to hear from those with a wealth of experience, and consider how best practice can be applied in our churches.

Saturday 6th October 2018
9.15 am - 3.00 pm

at Norton, St George's Church & the Parish Centre
(Common View, Letchworth SG6 1DA)

- ◆ Opening welcome and introduction by the Bishop of Hertford, The Rt Revd Michael Beasley
- ◆ Voices of 'experts by experience' - a former patient and a carer - what it's like to live with mental ill-health and to be a carer to someone living with mental ill-health
- ◆ The Revd Richard Allen - Spiritual Care Manager, Mental Health Services, Hertfordshire Partnership University NHS Foundation Trust

Focused workshops will cover different, active models of welcome and inclusion of people with mental ill-health, including:

- ⇒ Healthy Living Communities
- ⇒ Self-Help Groups
- ⇒ Why it's important for the church to support people with mental ill-health

Cost of the conference:

- ◆ **£6.00** per person
- ◆ **£10.00** per church group (2+ people)

**** Please bring a packed lunch with you, drinks will be available throughout the day ****

Please book directly through Eventbrite, here:

Link

For more details about the conference, please contact either:

Revd Sue Stilwell susan.stilwell@clara.co.uk, or

Revd Richard Allen richard.allen9@nhs.net

Or queries about practical arrangements:

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